

Hi I am Paul, I am 38 years old and I have at last come to terms with what I am, I am a paedophile, I have been for some time and have struggled to accept it. I don't offend and have no desire to do so, I am however attracted to young girls generally 10 to 14, I find them physically attractive and they without question arouse me and fill me with lots of fantasies which I enjoy very much and I masturbate regularly to these thoughts. However that is where it stops. As I said I have not offended and have no desire not to do so. I do struggle with what I am though and early this year I joined VIRPED which has been a tremendous support such that I have come out to my girlfriend who has been amazing . I am now comfortable with myself most of the time. I do sometimes feel bad and insecure about it, I hate the stigma that would be labelled on me should I come out more and all the issues that would go with that. Support for these types of feelings is crucial and I would love to here about any groups or organisations that are out there which understand this issue. I would like to understand further. As I said I am a paedophile and I am ok with that just need to have support from time to time and to give support back. Are there any movements that are trying to promote the normalisation of these feelings. I would like to know.

It has taken a lot to do this as I am sure you understand



**Paul | Ireland**

**Member of Virtuous Pedophiles and B4U-ACT**